



**FOURTH SUNDAY
IN ORDINARY TIME**



ENTRANCE ANTIPHON

Psalm 105:47

Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.

RESPONSORIAL PSALM

Ps 70:1-6, 15, 17 R w 15

I will sing of your salvation

- In you, O Lord, I take refuge; let me never be put to shame. In your justice rescue me, free me: pay heed to me and save me. **R**
- Be a rock where I can take refuge, a mighty stronghold to save me; for you are my rock, my stronghold. Free me from the hand of the wicked. **R**
- It is you, O Lord, who are my hope, my trust, O Lord, since my youth. On you I have leaned from my birth, from my mother's womb you have been my help. **R**
- My lips will tell of your justice and day by day of your help. O God, you have taught me from my youth and I proclaim your wonders still. **R**

GOSPEL ACCLAMATION

Luke 4:18

Alleluia, alleluia!
The Lord sent me to bring Good News to the poor and freedom to prisoners.
Alleluia!

COMMUNION ANTIPHON

Cf psalm 30:17-18

Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.

PROFESSION OF FAITH

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting.
Amen

*"Listen to silence.
It has so much to say."*
Rumi

Mass Times

Saturday 9.30am
Saturday 6 pm
Sunday at 9 am

**Allansford at 10.30 am, every 1st, 3rd & 5th
Sunday of the Month**
Monday Holy Hour at 10.00am
Tuesday to Saturday at 9.30 am

Hymns

ENT:	Gather Us In	OV # 12
GIFTS:	Come As You Are	OV # 31
COMM:	To be your Bread	OV # 65
	Communion Song	OV # 187
RECESS:	A new Commandment	OV # 615

Prayer Focus

We pray for prophets of peace and justice, that their words will dismantle tyranny and build the foundations of a new world.



GLORIA

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father.

Amen

**Your Land Will Have Its Wedding
Prayer Thought**

Each Mass is like a wedding feast in which Jesus is the bridegroom showing his love for us, his bride, by providing food and drink for our inmost needs.

To

Plant a garden

Is to believe

In tomorrow

- Audrey Hepburn



Every truth without exception - and whoever may utter it - is from the Holy Spirit -St Thomas Aquinas



**Our Lady Help of Christians Parish
East Warrnambool - Allansford
'A Star in the East'**



PARISH BULLETIN

4th Sunday in Ordinary Time

30th January, 2022

P.P.: Fr Lawrence O'Toole - Phone 5561 1533
olhcwbl@bigpond.net.au www.ballarat.catholic.org.au
OLHC Primary School: Stephen Madden - Phone 5562 5559
www.olhcwarrnambool.catholic.edu.au

Emmanuel College: Peter Morgan - Phone 5560 0888

St. Carthage's Church—Grauers Rd, Allansford

Child Safety Officer—Dion Bartlett 0458 778 935

"PEACE TO ALL WHO ENTER HERE"

**"I AM THE WAY,
THE TRUTH, AND THE LIFE"**
JN 14, 18.

Recent Deaths: Sheila O'Sullivan, Albert Belarmino, Ron Bruce, Keith Smith, Adao Dao Bore, Karen Belarmino, Kate Mason (Goggin), James Kenna, Sr Janet Meade RSM
Anniversaries: Jim Bonner, David Frazer, Luis Ximenes, Claire McCarthy, Mary Henry, Frank Keegan, Shirley Warren, KM Lynch, Michael Miller, Stan, Albert, Geoff, Kevin & Gerry Hyland, Brian Crichton, John Steel, Lucy O'Toole, Fr Frank Harney

Sacraments: Baptisms and Marriages by Appointment please phone 5561 1533

The Word of God: This Week: Jer 1:4-5 17-19 1 Cor 12:31-13:13 Lk 4:21-30

Next Week: Is 6:1-8 1 Cor 15:1-11 Lk 5:1-11



Masses

Tuesday - Friday 9.30am
Saturday-9.30am & 6.00pm
Sunday: 9.00am

Masses at Allansford

1st, 3rd & 5th Sundays of the Month, at 10.30 am

Next Mass at Allansford: St Carthage's Sunday 6th & 20th February at 10.30am

Feast Days:

Monday-St John Bosco
Wednesday Presentation of the Lord
Thursday-St Ansgar St Blaise

An Early Morning Prayer

I come before you, O Lord. As the sun rises may your hope rise up in me. As the birds sing may your love flow out of me. As the light floods into this new day, may your joy shine through me. I come before you, O Lord and drink in this moment of peace, that I may carry something of your hope, love and joy today in my heart. Amen

Dear God

You make all things new. Thank you for all that you've allowed into our lives this past year, the good things along with the hard things, which remind us how much we need and rely on You.

May your Spirit lead us in this New Year, guide our decisions and turn our hearts to deeply desire You above all else. Help us to pursue You first in our daily lives.

We ask for your wisdom and for your strength and power to be constantly present within us. Make us strong and courageous for the road ahead and let Your gifts flow freely through us so we can be beacons for those who seek and need hope and comforting.

We pray for your protection over our families and friends. May Your deep love surround us and keep us safe in these troubled times.

Amen

The Sunday Lectionary Readings are from Year C. The Weekday readings are from Year 2

Our Lady Help of Christians East Warrnambool is a Child Safe Parish

ROSTERS

We thank you for the wonderful works you do!

CHURCH CLEANING:

Week commencing
30th January Group

LITURGY ROSTER:

29/30 Jan	6.00pm	9 am
Leader/Reader:	M & T Harney	M Wrigley B Bourke
Ministers:	R Coffey J Tankard S Jenkins	C Wrigley C Spencer P Allan
Welcomers:	Conheady Family	D Duynhoven
5/6 Feb	6.00pm	9 am
Leader/Reader:	C Bolte C Carvalho	C Spencer S Smits
Ministers:	P Bolte M & T Harney	M & L Taggart A Sanderson
Welcomers:	G & U O'Toole	J McCosh

THE LORD'S DAY

WE'RE ALL IN THIS TOGETHER

PARISH LIFE—LIFE TO THE FULL

OLHC Community acknowledges and respects the traditional custodians of this land—the Gunditjmarra People and other tribes. We deeply respect the Aboriginal Community upon whose land our parish resides.

WELCOME TO OLHC & ST CARTHAGE In imitation of Jesus Christ, we welcome all people to worship and celebrate God's all-inclusive love with us. Whoever you are, wherever you are in your life, we thank you for choosing to be here with us today.

Worth Watching: [View ABC1 Compass 11am Sundays](#) "Songs of Praise" Sundays 11.30am

Mass For You at Home on Sundays at 6am on **Channel 10** WIN TV **Channel 44** 11.00am

If we don't have [your email address](#) please forward to olhcwbl@bigpond.net.au to receive the Bulletins.

If you wish to give to our **Parish Finances** via bank transfer:

BSB: 06 3533
Acc. No: 0090 3353
Ref: Planned Giving or, by
<https://bit.ly/CDFpayWarrnamboolEast>
All donations are greatly appreciated.



Reflection

For a Christian, love is the greatest and the most important virtue of all. Without it, all my words, no matter how wise and clever they may be, are just so much noise.

Without it, even if I had faith strong enough to work a miracle, that faith would be worthless.

Without it, all my deeds, even if they were the greatest ever done on this earth, would not do me the slightest bit of good.

Love means being patient and kind. It means never being jealous or boastful. It means never being rude or selfish. It means that I do not take offence easily. It means that I am not resentful. It means that I rejoice in the goodness of others and take no delight in their sins.

Love is not hard though it is tough. It means that I am always ready to excuse, to trust, to hope, and to endure whatever comes.

There are three things that last: faith, hope and love. Love is the greatest of these. *Fr F McCarthy S.D.B*



Please check in using the QR code. You can scan the image here or on the posters as you enter. Thank you

Our job is to love others without stopping to inquire whether or not they are worthy. *Thomas Merton*

Our Parish Vision

"Bringing People together in an atmosphere that is, welcoming nurturing and challenges All to share in the mystery of God's Love"



How we walk with the broken speaks louder than how we sit with the great.

Plenary Council Prayer

Come, Holy Spirit of Pentecost.
Come, Holy Spirit of the great South Land.
O God, bless and unite all your people in Australia and guide us on the pilgrim way of the Plenary Council.
Give us the grace to see your face in one another and to recognise Jesus, our companion on the road.
Give us the courage to tell our stories and to speak boldly of your truth. Give us ears to listen humbly to each other and a discerning heart to hear what you are saying.
Lead your Church into a hope-filled future, that we may live the joy of the Gospel. Through **Jesus Christ** our Lord, **bread** for the journey from age to age. Amen
Our Lady Help of Christians, pray for us. St Mary MacKillop, pray for us. St Carthage, pray for us.



**Let nothing disturb you,
Let nothing frighten you.
All things are passing away:
God never changes.
Patience obtains all things
Whoever has God lacks nothing;
God alone suffices.**

St Teresa of Avila

Parish Co-Ordinating Team meets on Wednesday 7.30pm

Confirmation & First Eucharist Congratulations to Sam Nagorcka

St Brigid's Crossley Mass for the feast of St Brigid will be celebrated at St Brigid's on Tuesday 1st February at 5.00pm. All most welcome

Sacraments for Children 2022 *Reconciliation:* April 5th for children in Grade 2 and above

Confirmation: June 7th for Grade 3

First Communion: August 14th (Enq. Janene Conheady or Fr Lawrie)

Significant Days *Tuesday-* Chinese New Year: Year of the Tiger; World Interfaith Harmony week begins

Friday- International Day of Human Fraternity

Baptisms We welcome with love Tully Reeves, Lotti King & Cooper Bateman who are being baptised into Christ this weekend.

Request ride to S.A in February for a parishioner wishing to attend family wedding. See Fr Lawrie

60th Wedding Anniversary Congratulations and thanks to Brian & Barbara Gladman

Marriage Tip: What is a unique endearing quality of your beloved? Have you told your spouse? No harm in saying it again. Do it today.

"May we be open to all God brings into our lives, especially as a New Year calls us to see the world afresh" Hada Bejan

The fragrance always stays in the hand that gives the rose

Pope's Prayer for January

We pray for all those suffering from religious discrimination and persecution; may their own rights and dignity be recognised, which originate from being brothers and sisters in the human family

We are all miracles living on a miracle called the Earth. Joan Chittister

The Happiness Habit

Do not die with your music still in you. Do you realise the gifts you have within you, what makes you special? Do you ever, for instance, try to name those hidden gifts? What are they? When you believe in yourself there is nothing you cannot achieve, no sadness you cannot transform. Go deeper into that secret place and discover your true and personal power. There is a silent voice in there waiting to speak, to sing, a dance waiting to be danced. Of that you can be sure! But when will you let the voice, the dance, the music out? Today?
Daniel O'Leary

An invitation is extended to those who are part of the community of Our Lady Help of Christians and St Carthages to help us with our financial needs.

Please place this form on next Sunday's collection or send to OLHC, Box 97, Warrnambool

I / We Address

Email..... Phone / mobile

wish to contribute by (please circle) Envelopes Direct Debit

Thank you