



2nd August 2020

18th Sunday in Ordinary Time—A

'GIVE THEM SOMETHING TO EAT YOURSELVES.'

With five loaves and two fish that Jesus had blessed, the disciples fed a vast crowd. Our acts of service and love towards others may often seem small but, blessed by Jesus, they too can have a great impact. We need Jesus to bless our work, and Jesus needs us to feed the hungry and comfort the lonely of our world. Together, we can do great things.

ENTRANCE ANTIPHON Psalm 69:2,6

O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.

COLLECT

Draw near to your servants, O Lord, and answer their prayers with unceasing kindness, that, for those who glory in you as their Creator and guide.

RESPONSORIAL PSALM

The hand of the Lord feed us: he answers all our needs.

GOSPEL ACCLAMATION Matthew 4:4

Alleluia, alleluia!

No one lives on bread alone, but on every word that comes from the mouth of God. Alleluia!



PRAYER OVER THE OFFERINGS

Graciously sanctify these gifts, O Lord, we pray, and, accepting the oblation of this spiritual sacrifice, make of us an eternal offering to you.

COMMUNION ANTIPHON John 6:35

I am the bread of life, says the Lord; whoever comes to me will not hunger and whoever believes in me will not thirst.

PRAYER AFTER COMMUNION

Accompany with constant protection, O Lord, those you renew with these heavenly gifts and, in your never-failing care for them, make them worthy of eternal redemption.



a smile is the shortest distance between two people

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STAY KIND

Weekday Masses

Tuesday, 10 am
Wednesday, 9.30 am
Thursday, 9.30 am
Friday, 9.30 am
Saturday, 9.30 am



WINTER APPEAL 2020 SVDP.

Donations can be given by way of cash or cheque to East Warrnambool SVDP Society and left at the parish office on Friday morning from 9-12 pm or given to Bryan O'Keefe at 5 Emma Ave.

Your generosity is very much appreciated

"Hatred stirs up conflict, but love covers over all wrongs" (Proverbs 10:12)

"As we Worship, so we Believe, so we Live"



"He comes in the form of the beggar, of the dissolute human child in ragged clothes, asking for help. He confronts you in every person that you meet. As long as there are people, Christ will walk the earth as your neighbour."

- Dietrich Bonhoeffer

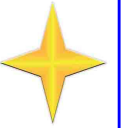
"I can do things you cannot. You can do things I cannot. Together we can do great things."

St Mother Teresa

"The more we receive in silent prayer, the more we can give in our active life."
St Teresa of Kolkata.



**Our Lady Help of Christians Parish
East Warrnambool - Allansford
'A Star in the East'**



PARISH BULLETIN

18th Sunday in Ordinary Time—2nd August 2020

P.P.: Fr Lawrence O'Toole - Phone 5561 1533

olhcwbl@bigpond.net.au www.ballarat.catholic.org.au

OLHC Primary School: Eugene Dalton - Phone 5562 5559

www.olhcwarrnambool.catholic.edu.au

Emmanuel College: Peter Morgan - Phone 5560 0888

St. Carthage's Church—Grauers Rd, Allansford

Child Safety Officer—Dion Bartlett 0458 778 935

*"I AM THE WAY,
THE TRUTH, AND THE LIFE"
JN 14, 18.*

PEACE TO ALL WHO ENTER HERE

Recent Deaths: Sister Margaret Wilson RSM, all those who have died from Corona, Father Pat Harney O.Carm, Danny Gleeson

Anniversaries: Darryl Leddin, Fathers Meagher and Brophy, Sister Dorothy Finnigan, Jayne McMeal, Beverly Quinn, Joan Sinnott, Nancy O'Grady, Jade Shannon Burns

Sacraments: Baptisms and Marriages by Appointment please phone 5561 1533

The Word of God:

This Week: Is 55: 1-3 / Rom 8:35.37-39 / Mt 14: 13-21

Next Week: 1 Kgs 19: 9.11-13 / Rom 8:35. 37-39 / Mt 14: 13-21

Holy Hour: Monday @ 10 am

Taking Place This Week:

Monday— St Dominic

Tuesday— Aboriginal and Islander Children's Day; St John Vianney

Thursday—The Transfiguration of the Lord; Hiroshima Day

Friday— Fair Trade Fortnight begins

Saturday— St Mary MacKillop

Parish Co-ordinating Team: Meets on Wednesday at 7.30pm

*When we speak about wisdom, we are speaking of Christ.
- St. Ambrose*

Today is the Eighteenth Sunday in Ordinary Time. The Sunday Lectionary Readings are from Year A. The Weekday readings are from Year 2. The Liturgical Colour is Green.

Thanks to Parishioners who generously bring to the Presbytery Planned Giving and Financial Support. **Thanks** to the Direct Givers

Our Lady Help of Christians East Warrnambool is a Child Safe Parish



Congratulations to Mrs Olga Lyons (nee Bourke) who has been appointed Principal of St Patrick's Port Fairy commencing 2021. Olga moves from being Principal of All Saints Portland.

Green is the colour of hope and growth

Sunday —The Lord's Day

Mass on Television: 6 am—Channel 10 WIN TV & 10 am—FOX

Mass on Line:

Saturday, 5.30 pm “Mass on Demand North Sydney” (available then throughout Sunday) 8.30 am, from St Josephs Warrnambool on Facebook—St Josephs Warrnambool or

Evening Prayer, Meditating on the Resurrection of Jesus From the Dead.

Our Parish Family Prays **at Home** between 5—6 pm—The Lord's Prayer; 10 Hail Marys, 1 Glory Be. Alleluia.



THE LORD'S DAY

St Ignatius of Loyola

The examen prayer, which St Ignatius asked Jesuits to pray twice daily, is a fundamental practice of discernment. It helps us to cultivate awareness of God's action in us and in our world, and to pay attention to our response.

Here is one way to pray the examen:

Gratitude: *I give thanks to God for . . .*

Insight: *I ask the Holy Spirit for insight into myself and the world . . .*

Reflecting: *I review events of the day, my behaviour, and notice my feelings . . .*

Noticing: *I notice what needs healing and ask God for forgiveness . . .*

Looking forward: *I name the action I feel called to now, and I ask for God's help.*

The 7-word Prayer Pope Francis learned from his grandmother

“Jesus, make my heart more like yours.”

Dear Saint Anne

Dear Saint Anne,
Did the little boy of Mary visit you on holidays?
And did you make him sweets
That he would share with the other boys?
I wonder did you read to him,
And play when he would ask you to,
And tell him tales of olden days
When you were young with Joachim?
And then at night when stars came out,
Did you look up to heaven,
And see your Heavenly Father
And pray to Him together?
I think all heaven would rejoice,
To hear the God of Heaven praised
By the Holy Child and his Grandmother
- Mary Betello-Fiorini (nee Bourke)

A prayer for Healthcare Workers during this time of the Coronavirus COVID-19

Loving God,
We place into your care
All our doctors, nurses and healthcare workers.
Give them courage of heart and strength of mind
and body.
Keep them safe from harm.
May they know our deep gratitude
For all they are doing to heal and help those
affected by the coronavirus.

God of all consolation
May they know your protection and peace
Bless them in these challenging days
And bless their families.
Amen



What can I Say

*What can I say that I have not said before?
So I'll say it again.
The leaf has a song in it.
Stone is the face of patience.
Inside the river there is an unfinishable story and you are somewhere in it
And it will never end until all ends.*

*Take your busy heart to the art museum and the chamber of commerce
But take it also to the forest.*

*The song you heard singing in the leaf when you were a child
Is singing still.*

I am of years lived, so far, seventy-four, and the leaf is singing still. Mary Oliver



PARISH LIFE—LIFE TO THE FULL

OLHC Community acknowledges and respects the traditional custodians of this land—the Gunditjmara People and other tribes. We deeply respect the Aboriginal Community upon whose land our parish resides.

WELCOME TO OLHC & ST. CARTHAGE In imitation of

Jesus Christ, we welcome all people to worship and celebrate God's all-inclusive love with us. Whoever you are, wherever you are in your life, we thank you for choosing to be here with us today.

OLHC A Missionary Parish. A joyful, hope filled and servant community

Worth Watching

View ABC1 Compass 11am Sundays. “Songs of Praise” Sundays 11.30am on ABC1.

Keep up to date with news in the Diocese.

Register for **Diocesan E News** enews@ballarat.catholic.org.au

If we do not have **your email address** please forward it to olhcwbl@bigpond.net.au to receive Parish Bulletins



Post Secondary Scholarships honouring Ross and Andrew Powell relating to education, agriculture and volunteerism. Apply to <https://www.demodairy.com.au/powell.legacy.fund/>

Pastoral Ministry Program—Registration now open. Low-cost online study. Sacraments, Scripture, Youth Ministry, Liturgy, Leadership and more. The next cycle begins August 30th. Study is 5 weeks. Info www.ballarat.catholic.org.au or email kim.butler@ballarat.catholic.org.au .

Mental and Emotional Support Line 1800 965 144

May the quite fire of God's love arise within you. May its flames of joy and peace Enlighten your steps in this world.
And may you be like the burning bush. The presence of God for each other, That holy healing light of love, The breath of God made manifest in you. - Bob Holmes

“A great way to find out what you want from life is to write your own epitaph.” (Proverb)

Emmanuel College—Young Vinnies are asking for support in their toiletry drive. The need is in Melbourne for smaller items. Toiletries can be left at The College or Presbytery.

Marriage Tip: “When all else fails, WAIT. When things aren't going well in your marriage - and there are bound to be those days - give it time. Sometimes we need to just cool off, sleep on it and then come back with more positive feelings.”

If you wish to give to our **Parish Finances** via bank transfer:
BSB: 06 3533
Acc. No: 0090 3353
Ref: Planned Giving
Or, by
<https://bit.ly/CDFpayWarrnamboolEast>
All donations are greatly appreciated.



“I trust He shall place his holy hand on me and in the stormy seas hold me up from drowning.”

- St Thomas More

“Tell me what you are busy about and I will tell you what you are.” (Soethe)

Popes Intention for August

The Maritime World

We pray for all those who work and live from the sea, among them sailors, fishermen and their families