

ROSTERS

We thank you for the wonderful works you do!



LITURGY for 25/26 March

6pm **Welcomers:** M Thompson, J Van Baaren **Gifts:** B&B Gladman **Readers:** B Kavanagh, J Mahony

Ministers: D White, D Bartlett, P Bolte, M Bonner, K Bouchier, R Coffey

9am **Welcomers:** A Bamford, T Davey **Gifts:** Fitzpatrick/Vielhabor **Readers:** T Kenny, F Lamb

Ministers: H Goddard, P Nevill, J O'Grady

CHURCH CLEANING:

Week commencing

19 March Group 1: A Sanderson, K Wright, P Allan, D Porter, D Lawler

26 March D & D

COUNTING TEAMS:

19 March Team 1: Paul & Marcia Glynn, Pam & Gavin Nevill

26 March Team 2: Des Arundell, Bryan O'Keeffe

LAWN MOWING: For fortnight 12 March Group 1: Robert Mills, Paul Torpy

COMMUNION TO LYNDROCH: 26 March: Jim & Elaine Hales



Making Connections: Who do you know who is thirsty for company, acceptance or affirmation? Meet their needs this week.

Marriage Tip: Are there any places in your heart where you have allowed resentment to grow or grudges to fester? Open these parts to God. Ask for His help to soften your heart and see your family through His eyes of love.

Daily Prayer: O God, you loved us while we were yet sinners; in Christ you come in search of us. We thirst for your grace. As once at Moses' hand in the desert, as once at Jacob's well with the Samaritan woman, so now make your gift of faith in all of us, a spring of living water, leaping up to eternal life.

A Vocation View: Only the Lord can give true living water, fullness of life. Our body cannot survive without water; our spirit cannot survive without living water. Now is the time to renew our lives in the waters and Spirit of Baptism.

Pope's Prayer Intentions for March

Support for Persecuted Christians

That persecuted Christians may be supported by the prayers and material help of the whole Church.

"Each time you say hello to a stranger, your heart is acknowledging over and over again that we are all family."

PARISH PRAYER: Loving God, **Good Shepherd** to us all. Gather us and form us into a welcoming parish **family**. Touch our hearts with your love so that we, in turn, may reach out to love one another, in a **neighborly** community. **Our Lady Help of Christians**, guide us as we seek to do Christ's will. Bless us in service, strengthen us in support of each other, and unite us as we grow in faith & love, to be a **welcoming**, caring Parish **community**. We ask this through Jesus Christ our Lord. Amen. Saints Carthage and Mary MacKillop, pray for our Parish family.

Pray as you can – The Word is very close to you: It is in your heart

Reflection is an essential element of growth in Christ. As we reflect over what we have learnt and ponder it in our hearts, we come to recognize *the presence of God in our lives*.

Fridays and Wednesdays in Lent at 10am.

Lent

- Lent is a penitential season of prayer, self-denial and helping others. In this way, **the whole Church prepares for Easter with those who are being baptised.**
- Good Friday is a day of fast and abstinence.
- Catholics are obliged to receive holy communion between Ash Wednesday and Trinity Sunday.
- In Lent, the *Alleluia* is omitted.

"Go in peace glorifying the Lord by your life."



*"I AM THE WAY,
THE TRUTH, AND THE LIFE"
JN 14, 18.*

*Our Lady Help of Christians Parish
East Warrnambool - Allansford
'A Star in the East'*



PARISH BULLETIN

3rd Sunday of Lent—19th March 2017

P.P.: Fr Lawrence O'Toole - Phone 5561 1533

olhcwbl@bigpond.net.au www.ballarat.catholic.org.au

OLHC Primary School: Eugene Dalton - Phone 5562 5559

www.olhcwarrnambool.catholic.edu.au

Facebook: [Our Lady Help of Christians Parish](https://www.facebook.com/OurLadyHelpofChristiansParish)

Emmanuel College: Peter Morgan - Phone 5560 0888

St. Carthage's Church—Grauers Rd, Allansford

"PEACE TO ALL WHO ENTER HERE"

Recent Deaths: Eileen Smart, David Frayne, Percy D'Cruz, Merv Cook, Raymond Murrhiy (Camperdown)

Anniversaries: Helen Atkinson, Sister Mary Ronayne, Inez Couch, Jack Boyce

Mass Times: Monday 7.30am at St Pius

Tuesday 10.00am

Wednesday 9.30am

Thursday 9.30am

Friday 9.30am

Saturday 10.00am at St Pius

(Rosary 20 minutes before weekday Masses)

THE LORD'S DAY **Saturday 6.00pm**
Sunday 9.00am

The Word of God: This Week: Ex 17: 3-7, Rom 5: 1-2.5-8, Jn 4: 5-42
Next Week: 1 Sm 16: 1b. 6-7. 10-13a, Eph 5: 8-14, Jn 9: 1-41

Sacraments: Baptisms and Marriages by Appointment Please phone 5561 1533
Reconciliation—Friday 10.00am, St Pius Saturday 10.20am

The time before Easter is an occasion for prayer, fasting and good works. Our Muslim friends observe each year the special time of Ramadan, They fast from dawn until sunset. They are instructed to refrain from sinful habits, to pray, to do works of charity. And still many of them do their work as usual and even participate in professional sport while fasting. So let each of us seek guidance for the Lord to judge prudently what we can do for Lent. May we unite ourselves with Jesus who went into the wilderness to fast for 40 days. Hopefully in Lent we will discover more clearly, who we are, where we come from, where we must go, what path we must take in life. We thank you for your generosity and pray you have a Blessed Easter.

—Fr. Adrian F. Meaney MSC

"For the bread of God is that which comes down from heaven and gives life for the world." (Jn 6: 33)
Note just what this bread of life offers: life. Funny how religious people are often not regarded as 'lively'. Maybe we should ask ourselves occasionally what type of 'life' from God we allow in our lives. Joy? Yes. But also courage under difficult circumstances? Generosity when we feel we have little? Patience in pain? Hope in the midst of despair? All of these graces are God's bread feeding our life.
Loving Jesus, let your life come into the dark and starved places of my life. You know the circumstances that overwhelm me. Let me feed from you in hunger. Through me, may you give life to the world.
(Sr. Kym Harris OSB)



*Violet is a colour of
preparation and
anticipated joy*

RESPONSORIAL PSALM (Keep for Daily Prayer)



IF TODAY YOU HEAR HIS VOICE, HARDEN NOT YOUR HEARTS

Come, ring out our joy to the Lord; hail the rock who saves us. Let us come before him, giving thanks, with songs let us hail the Lord. **R.**

Come in; let us bow and bend low; let us kneel before the God who made us for he is our God and we the people who belong to his pasture, the flock that is led by his hand. **R.**

O that today you would listen to his voice! 'Harden not your hearts as at Meribah, as on that day at Massah in the desert when your fathers put me to the test; when they tried me, though they saw my work.' **R.**

GOSPEL ACCLAMATION

Praise to you, Lord Jesus Christ, King of endless glory. No one lives on bread alone, but on every word that proceeds from the mouth of God; glory to our God.

HYMNS:

Entrance	74	Come to the Water
Gifts	28	Glory and Praise
Communion	27	Song of the Body of Christ
	26	Boniwell/(Shepherd)
Recessional	179	Blest be the Lord

Mystery Of Faith

Save us, Saviour of the world,
for by your Cross and
Resurrection you have set us
free.



Like many First Australians, Uncle Richard was torn from his family and culture as a child.

Forced to grow up in the State-run Kinchela

Boys Home (KBH), he suffered violence and pain that haunted his adult years. Now, through Kinchela Boys Home Aboriginal Corporation, a Caritas Australia partner, he is reconnecting with former KBH boys in a program that restores their wellbeing and helps their families.

Please donate to Project Compassion 2017 and help members of the Stolen Generations support each other on the journey to wellbeing.

Where is God's word to be kept?

Obviously, in the heart, as the prophet says: "I have hidden your words in my heart so that I may not sin against you."

Keep God's word in this way.

Let it enter your very being, let it take possession of your desires and your whole way of life.

Feed on goodness and your soul will delight in richness.

Remember to eat your bread or your heart will wither away.

Fill your soul with richness and strength.

If you keep the word of God in this way, it will also keep you.

- St. Bernard (From OLHC School Newsletter)



Through Baptism all sins are forgiven. Baptism formalizes the Christian's relationship with Jesus Christ. As this relationship grows Jesus joins with and strengthens the person's own effort in living a full and joyful life and resisting temptation.

"Love of God and love of our neighbour is one and the same thing."

Pope Francis

"Moonlight"—Film Fundraiser Monday 20th, 7pm at the Capitol Cinema, \$20/\$15. Proceeds to The Ruben Centre, directed by **Br. Frank O'Shea**, offering health and community development to the poor in Nairobi, Kenya.

PARISH LIFE—LIFE TO THE FULL

OLHC Community acknowledges and respects the traditional custodians of this land—the Gunditjmara People and other tribes.

WELCOME TO OLHC & ST. CARTHAGE In imitation of Jesus Christ, we welcome all people to worship and celebrate God's all-inclusive love with us. Whoever you are, wherever you are in your life, we thank you for choosing to be here with us today.

Our Parish Vision "Bringing People together in an atmosphere that is welcoming, nurturing and challenges all to share in the Mystery of God's Love."

Spend March with the Saints "Christ be with me, Christ within me, Christ behind me, Christ before me, Christ beside me..." (St Patrick - 17 March)

Holy Hour Monday 10.00am—Stations of the Cross

During Lent the **Stations of the Cross** will be prayed in the Church on Monday mornings at 10am and at St Joseph's Friday 7.30pm.

Mass for the Forgiveness of our Sins will be on Thursday 6th April at 7.30pm

Compliments of the Parish the Autumn Edition of "Australian Catholics" is available.

Social Justice meeting at St Joseph's 7.30pm on Wednesday.

The Sacrament of Confirmation will be celebrated for children in Grade 3 and above on June 3/4. An information night for parents will take place on Monday 1st May at 7pm in the Church foyer.

Cards (Solo & Euchre) 1pm Tuesday in the foyer. All welcome.

On This Day in 1866 the Sisters of St Joseph began at Penola, S.A.

Bishop Ingham Reflects on today's Gospel—visit www.dbb.org.au today (Bishop Hurley reflects on last Sundays Gospel.)

Xt3 Lent Calendar 2017 <http://www.xt3.com/lent/> download the Lent Calendar as an App. It's FREE!

Jesuit Missions Maytime Fair 6th May 2017, Car raffle Tickets @ \$10 each are available from Peter Jackman on 5562 1492 or 0419 106 734.

"Let us pray for those who are sick. We remember them in our Masses"

Child Safety Standards Our Lady Help of Christians Parish has appointed Dion Bartlett as our Safeguarding Officer. We have a **Child Safety Policy** to ensure the safety and wellbeing of children in our care. **A Child Safety Code of Conduct** has been adopted for all who work with children in the Parish.

Third Sunday of Lent

When Jesus asked the Samaritan woman for a drink of water, He opened the door for a life-changing relationship with Him. Scripture says her testimony drew many others to Him as well. We, too, must be ready to respond whenever and wherever the Lord speaks to us and be prepared for it to change our lives!

The people on Manus Island and Nauru.

Innocent people.

Hundreds upon hundreds of innocent people.

They have committed no crime.

They have been charged with no crime.

They have been locked up for years.

For us.

Join in with Josephite Justice Network for **Tuesday Mourning**.

Wear black, a black ribbon, a black armband. **Mourn** for the innocent victims locked up. For Australian fear.

St. Josemaria Escriva said, "**Lent** should suggest to us these basic questions:

Am I advancing in my faithfulness to Christ, in my desire for holiness, in a generous apostolate in my daily life, in my ordinary work among my colleagues?...What better way to begin than **Lent**?

Let's renew our faith, hope and love."

