



FIRST SUNDAY OF LENT

ENTRANCE ANTIPHON Cf Psalm 90:15-16
When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

RESPONSORIAL PSALM Ps 24:4-9. R. cf. v. 10

R. Your ways, O Lord, are love and truth to those who keep your covenant

1. Lord, make me know your ways. Lord, teach me your paths. Make me walk in your truth, and teach me: for you are God my saviour **R.**
2. Remember your mercy, Lord, and the love you have shown from of old. In your love remember me, because of your goodness, O Lord. **R.**
3. The Lord is good and upright. He shows the path to those who stray, he guides the humble in the right path; he teaches his way to the poor. **R.**

GOSPEL ACCLAMATION Matthew 4:4

Praise to you, Lord Jesus Christ, king of endless glory! No one lives on bread alone, but on every word that comes from the mouth of God. Praise to you, Lord Jesus Christ, king of endless glory!

COMMUNION ANTIPHON Matthew 4:4:
One does not live by bread alone, but by every word that comes forth from the mouth of God.

PRAYER OVER THE PEOPLE
May bountiful blessing, O Lord, we pray, come down upon your people, that hope may grow in tribulation, virtue be strengthened in temptation, and eternal redemption be assured.

PROFESSION OF FAITH

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord., (all bow)

Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

THE SEASON OF LENT

Lent is a forty-day journey. We travel with Christ to Jerusalem to be with him in his suffering and death in order to be with him also in his resurrection to glory.

Ash Wednesday provides the starting-point, when we recall our status as “dust of the earth”, brought to life by God’s creative power alone. The first two Sundays present us with the great paradox of Jesus—the man who is subject to a glimpse of whose glory we share



“Make it a practice to judge persons and things in the most favourable light at all times and under all circumstances.
St Vincent de Paul

Today, take a few minutes to sit quietly and be Thankful for all that you have.

STAY KIND

Mass Times
Saturday 9.30am and 6pm
Sunday at 9 am
Allansford at 10.30 am, every 1st, 3rd & 5th
Sunday of the Month
(Monday—Holy Hour at 10 am)
Tuesday to Saturday at 9.30 am
(Please be advised all donations given in Church are to be placed and offered when leaving the Church. Thank -you.)

with his disciples at his transfiguration (2nd Sunday).

In year B the paradox between divine wisdom and human foolishness is spelt out even more clearly: “here are we preaching a crucified Christ” as our Saviour and Lord (3rd Sunday), given to us by the Father out of sheer love (4th Sunday), for Christ will die like a grain of wheat in the earth to bring forth a harvest of believers—ourselves (5th Sunday).

Palm (or Passion) Sunday marks the end of Lenten preparation and the beginning of Holy Week, when Christ enters Jerusalem to jubilant cries of “Hosanna! Blessed is he who comes!” - voices that were to cry “Crucify him!” only days later.

If our faith is not to be a fickle and weak as those voices then the message of Ash Wednesday, ‘Now, now—come back to me with all your hearts’ must ring in our ears. Let us go up to Jerusalem with our Lord this Lent, so that we may be in his company eternally.

Jamila is a Rohingya refugee living in a camp in Bangladesh with her elderly mother and baby daughter. With the support of Caritas Australia and through Caritas Bangladesh, Jamila has been able to access emergency food, shelter, counselling, and vocational training that will help to support her family.

We pray for all refugees who are forced to flee their homeland. That we, as a global family, will respond generously to their needs and assist in developing a safe and secure future for all.

“Aspire not to have more, but to be more.”
- Saint Oscar Romero

We reform others unconsciously when we walk uprightly.



**“I AM THE WAY,
THE TRUTH, AND THE LIFE”**
JN 14, 18.

Our Lady Help of Christians Parish
East Warrnambool - Allansford
‘A Star in the East’



PARISH BULLETIN

7th Sunday in Ordinary Time—21st February 2021

P.P.: Fr Lawrence O’Toole - Phone 5561 1533
olhcwbl@bigpond.net.au www.ballarat.catholic.org.au
OLHC Primary School: Stephen Madden - Phone 5562 5559
www.olhcwarrnambool.catholic.edu.au

Emmanuel College: Peter Morgan - Phone 5560 0888

St. Carthage’s Church—Grauers Rd, Allansford

Child Safety Officer—Dion Bartlett 0458 778 935

“PEACE TO ALL WHO ENTER HERE”

Recent Deaths: Jim McNamara, Val Guyett, Gerry Power, Professor Henrique Mau-Doben da Costa, Leo Montz, Maria Faturasa, Regina Nygeith Bol

Anniversaries: Helen O’Donnell, Olandina Pereira, Sisters Roberta Blyton, Mary David Barker & Brigid Ryan

Sacraments: *Baptisms and Marriages by Appointment please phone 5561 1533*

The Word of God:

This Week: Gn 9: 8-15 / 1 Pt 3: 18-22 / Mk 1: 12-15

Next Week: Gn 22: 1-2. 9a. 10-13. 15-18 / Rom 8: 31b-34 / Mk 9:2-10

Taking Place This Week:

Today—International Mother Language Day

International Decade of Ocean Science for Sustainable Development 2021-2030.

2021 International Year of Peace and Trust

Mass at Allansford—Mar 7th @ 10.30am



1st Sunday of Lent is 21st February

Sacrament of First Reconciliation Parents of **Children in Grades 2 and 6** who wish to have their children receive this Sacrament are invited to a meeting in the Church.

“Food for the body is not enough. There must be food for the soul!” (Dorothy Day) What do you do to provide food for your soul?

The Lenten season has a twofold character: It recalls baptism or prepares for it. It stresses a penitential spirit. During Lent, penance should not be only internal and individual but also external and social...

The Sunday Lectionary Readings are from Year B. The Weekday readings are from Year 1. The Liturgical Colour is Purple.

Our Lady Help of Christians East Warrnambool is a Child Safe Parish

Everyday is a second chance.



“Life in a Whole new Light and Clothed with Power from on High” Today we welcome with great joy **Gracie O’Connor**

Who is being baptised into the family of God, who is Father, Son and Holy Spirit.



Purple is a colour of preparation and anticipating joy



ROSTERS We thank you for the wonderful works you do!		WE'RE ALL IN THIS TOGETHER		THE LORD'S DAY	
CHURCH CLEANING: Week commencing 21st Feb G4 B O'Grady T Woolley M&J McLean 28th Feb G5 J.McCarthy, J Carroll					
LITURGY ROSTER					
20/21 Feb	6.00 pm			9 am	
Leader/Reader:	G&P Nevill			S Smits, C Spencer	
Ministers:	R Coffey, J Conheady, M Crichton, L Flaherty, D Friebe, B Gladman			C Swarbrick, P Allan, T Baker	
Welcomers:	C McMeel Family			D Duynhoven,	
27/28 Feb	6.00p.m.			9 am	
Leader/Reader:	: Emmanuel College			L&T Taggart	
Ministers:	M&T Harney, K&M McKenzie & G McMeel			C Spencer, M Clancey, A Jubb	
Welcomers::	Emmanuel College			J McCosh, J Zanos	
If you wish for a copy of the Liturgy Roster, please contact the Parish Office (email: olhcwbl@bigpond.net.au)					

The whole Church goes on retreat for the forty days of Lent. Within the ecclesial community two groups embark on their **Lenten journey**: the catechumens who are preparing for the Sacrament of Initiation at **Easter** and those already baptised who are preparing to renew their baptismal identity at the same time. These two groups are intimately connected in this spiritual journey, walking together with the Lord toward the profound joy of **Easter**.

If we love Christ, if we follow him sincerely, if we stop seeking ourselves and seek him alone, then in his name we will be able to give to others, freely, what we have freely received.
- St Josemaria Escriva

"Lord be Good to me. Your Sea is So Great and My Boat is so small"
Prayer of the Breton Fisherman)

Prayer of Pope Benedict from Deus Caritas Est (God Is Love)
Holy Mary, Mother of God, you have given the world its true light, Jesus, your Son—the Son of God. You abandoned yourself completely, to God's call and thus became a wellspring of the goodness which flows forth from him. Show us Jesus. Lead us to him. Teach us to know and love him, so that we too can become capable of true love and be fountains of living water in the midst of a thirsty world.
Pope Benedict XVI, 2005

Daily Prayer
Open the eyes of my heart, O God, to see your Son today.
Open my ears, O God, to hear his holy word.
Open my hands, O God, that through my humble deeds others may experience your coming.

"If you want to see God look attentively at CREATION"
Anthony de Mello

"All One in Christ Jesus"

Saving Water
The voice of the Lord is over the waters, the Lord, over vast waters. Psalm 29:3
I have long lived near the ocean. Saltwater, crashing waves and changing tides have always brought renewal to my body and soul. Years ago, I trained to be a lifeguard. I understand recklessness and riptides meaningful talks with God have been at the beach, where my heart is at home. God has brought poignant lessons of salvation though water. In the opening lines of Genesis, the Spirit of God that brought creation into being moves over the waters. Later in Genesis 6-7 we have Noah's ark saving God's chosen family. And who can ever forget how the Lord saved Israel via their exodus through the sea? The most saving water experience we will likely ever encounter is our own baptism. The same "voice" of the Lord spoke then. And is speaking to us today. Pat Gohn

Prayer Focus
For Church communities around the world, that this Lent will be a season on repentance, renewal and grace.

"God carries us through the storms"
Mary MacKillop

Our job is to love others without stopping to inquire whether or not they are worthy. - Thomas Merton

"Together for Life"

PARISH LIFE—LIFE TO THE FULL

OLHC Community acknowledges and respects the traditional custodians of this land—the Gunditjmara People and other tribes. We deeply respect the Aboriginal Community upon whose land our parish resides.

WELCOME TO OLHC & ST. CARTHAGE In imitation of Jesus Christ, we welcome all people to worship and celebrate God's all-inclusive love with us. Whoever you are, wherever you are in your life, we thank you for choosing to be here with us today.

OLHC A Missionary Parish. A joyful, hope filled and servant community

Worth Watching
View ABC1 Compass 11am Sundays. "Songs of Praise" Sundays 11.30am

If we do not have **your email address** please forward it to **olhcwbl@bigpond.net.au** to receive Parish Bulletins.

On-Line Lay Pastoral Ministry Program—Registrations now open The Ballarat Diocese, in partnership with Dayton University, offer low-cost study and formation. Subjects include Sacraments, Scripture, Youth Ministry, Liturgy, Leadership and more. More information at www.ballarat.catholic.org.au or email Diurdia.klaris@ballarat.catholic.org.au or ph. 5337 7121.

A Course in "Offering Spiritual Care" (Clinical Pastoral Education). Inquiries to Bernadette@bernadettewurld.com.au or see Fr Lawrie.

"Alive in God" Online with Fr Timothy Radcliffe OP Tuesday March 2nd at 5pm—6.30pm. More Information mark.ofarrell@marists.org.au

Mental and Emotional Support Line 1800 965 144

Sacrament of Reconciliation (Confession)
Every Friday at 10 am.

Stations of the Cross
Mondays 10am OLHC
Fridays 7.30pm at St Josephs

Keep up to date with news in the Diocese.
Register for **Diocesan E News** enews@ballarat.catholic.org.au

LENT

- Catholics are to receive communion in Australia & New Zealand between Ash Wednesday and Trinity Sunday
- Ash Wednesday and Good Friday are days of fast and abstinence. The law of fasting binds those who have completed their eighteenth year, until the beginning of their sixtieth year; the law of abstinence binds those who have completed their fourteenth year.
- Lent is a penitential season of prayer, self-denial and helping others. In this way, the whole Church prepares for Easter with those who are to be baptised.

In considering the Church as "*the home of the word*", attention must first be given to the sacred liturgy, for the liturgy is the privileged setting in which God speaks to us in the midst of our lives; he speaks today to his people, who hear and respond.
Verbum Domini (2010)

FAMILY GROUP You are welcome to join with a small group of Parishioners for a monthly social gathering. See Jan and John Mahony or Fr Lawrie.

Vinnies No Interest Loan Scheme

No Interest Loans (NILs) provide individuals and families on low incomes with access to safe, fair and affordable credit for those with a Health Care Card / Pension Card or earn less than \$45,000 a year or after tax or \$60,000 for couples or people with dependants. Further information available at <https://www.vinniesnils.org.au>

Popes Intention for February
Violence Against Women
We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.

Marriage Tip: "A leper came to him...and said, "If you wish, you can make me clean." (Mk 1:40) Have you allowed God to clean you, and to heal your wounds? Be not afraid to come before Him

If you wish to give to our **Parish Finances** via bank transfer:
BSB: 06 3533
Acc. No: 0090 3353
Ref: Planned Giving Or, by
<https://bit.ly/CDFpayWarrnamboolEast>
All donations are **greatly appreciated**.

