

St Patrick's Stawell, Immaculate Conception Ararat, St Francis of Assisi Landsborough and St Bernard's Lake Bolac form Holy Spirit Parish, Gariwerd.

We acknowledge recognise and respect the elders and families of the Barengi Gadjin and Eastern Maar people, the traditional owners of the land on which our parish gathers. We commit ourselves to walking in unity with our First Nations people.

First Reading **Is 58:7-10**

A reading from the prophet Isaiah

Thus says the Lord:

Share your bread with the hungry,
and shelter the homeless poor, clothe the man
you see to be naked and turn not from your own
kin.

Then will your light shine like the dawn and your
wound be quickly healed over.

Your integrity will go before you and the glory of
the Lord behind you.

Cry, and the Lord will answer; call, and he will say,
'I am here.'

If you do away with the yoke, the clenched fist,
the wicked word, if you give your bread to the
hungry, and relief to the oppressed, your light will
rise in the darkness, and your shadows become
like noon.

Responsorial Psalm **Ps 111:4-9. R. v.4**

(R.) A light rises in the darkness for the upright.

1. He is a light in the darkness for the upright:
he is generous, merciful and just.

The good man takes pity and lends, he conducts
his affairs with honour. (R.)

2. The just man will never waver: he will be
remembered for ever.

He has no fear of evil news; with a firm heart he
trusts in the Lord. (R.)

3. With a steadfast heart he will not fear; open-
handed, he gives to the poor; his justice stands
firm for ever.

His head will be raised in glory. (R.)

Second Reading **1 Cor 2:1-5**

A reading from the first letter of St Paul to the
Corinthians

When I came to you, brothers, it was not with any
show of oratory or philosophy, but simply to tell
you what God had guaranteed. During my stay
with you, the only knowledge I claimed to have
was about Jesus, and only about him as the
crucified Christ. Far from relying on any power of
my own, I came among you in great 'fear and

trembling' and in my speeches and the sermons
that I gave, there were none of the arguments
that belong to philosophy, only a demonstration
of the power of the Spirit. And I did this so that
your faith should not depend on human
philosophy but on the power of God.

Gospel Acclamation **Jn 8:12**

Alleluia, alleluia!

I am the light of the world, says the Lord;
the man who follows me will have the light of life.
Alleluia!

Gospel **Mt 5:13-16**

A reading from the holy Gospel according to
Matthew

Jesus said to his disciples: 'You are the salt of the
earth. But if salt becomes tasteless, what can
make it salty again? It is good for nothing and can
only be thrown out to be trampled underfoot by
men.

'You are the light of the world. A city built on a
hilltop cannot be hidden. No one lights a lamp to
put it under a tub; they put it on the lampstand
where it shines for everyone in the house. In the
same way your light must shine in the sight of
men, so that, seeing your good works, they may
give the praise to your Father in heaven.'



Parish Information – Holy Spirit Parish, Gariwerd

Parish Priest	Fr. Andrew Hayes andrew.hayes@ballarat.catholic.org.au
Parish Bulletin Online	www.ballarat.catholic.org.au – follow link to parish
Secretary / Child Safe	Jill Croxford ararat@ballarat.catholic.org.au
Parish Email	ararat@ballarat.catholic.org.au
Parish Office	304a Barkly St Ararat. Open Thursdays and Fridays 9am – 3pm
Phone	03 5352 5460
Post Box	PO BOX 92, Ararat, VIC 3377

Mass Times

Ararat	Sunday 8.30am
Stawell	Sunday 10.30am
Lake Bolac	1 st 3 rd 5 th Sundays 6.30pm Vigil Sat
Landsborough	2 nd 4 th Sundays 12.30pm
Glenthompson	(Hamilton Parish) 2 nd 4 th Sundays 8.30am

Readings for next Sunday

February 12th, 2023
Sixth Sunday in Ordinary Time Year A
Sir 15:15-20, 1 Cor 2:6-10, Mt 5:17-37

Weekday Masses (usual schedule)

Tuesday: 10am Stawell (Check bulletin for occasional changes)
Wednesday: Aged Care
Thursday: 3.30pm Hopkins
Friday: 11am Ararat (Check bulletin for occasional changes)

Aged Care Roster

1st Wednesday 11.15am Eventide
2nd Wednesday 11am Lowe St
3rd Wednesday 10.30am Garden View
4th Wednesday 10am ARVillage

Anniversarie

Dell Delaney, Ken Walker, Lindsay Lee, Charles Evans 1951, Christopher Brown 1971, Catherine Monaghan 1973
James Aubrey 1993, Fr Frank Harney, Mary-Ann Molan 1969, Lance Forster 1982, Leonie Wright 1985, Beverly Woods, Joan Abbott, Roy McInerney 1984, Margaret Devery 2003, Lillian Scott 2002, Alan Giles 2020, Mark Hunt, Robert Thistlethwaite, Sarah Smith 1961, Jessie Toogood 1967, Tom D'Arcy 2001, Frank Thomas, Carmela Zammitt, Joseph Zammitt, Terry Weeks, Colleen Peacock, Terry Weeks, Jean Pickering 1996, Russell Watts 2000, Margaret Walker 2019.

Recent Deaths

Margaret Ryan.

Golden Gate Roster

Sun 5th Feb Libby/Sun 12th Feb Teresa/ Sun 19th Feb Jim & Jan / Sun 26th Feb Harry & Anna

Lake Bolac Roster

Sat Feb 4th Reader Leanne Breen// Prayers of Faithful Jan Higgins //Cleaning Tricia Higgins
Sat Feb 18th Reader Rosemary Liston//Prayers of Faithful Phillip Meek
Sat Mar 4th Reader Helen Smith// Prayers of Faithful Judy Aldous //Cleaning Jane Higgins
Sat Mar 18th Reader Tricia Higgins// Prayers of Faithful Val Albert

Ararat Roster

Sun Feb 5th Welcomer Lorna R //Facilitator Rebecca // Reader Eliabeth Sh// Euch Min Mary C
Sun Feb 12th Welcomer Blessie S //Facilitator Pat L //Reader Peter B // Euch Min Margaret O
Sun Feb 19th Welcomer Genaro //Facilitator Cathy McA// Reader Jan c // Euch Min Jim C
Sun Feb 26th Welcomer Rosalie N // Facilitator Harry // Reader Charlie R // Euch Min Anna C

Stawell Roster

Sun 5th Feb S/Minister Marg Rowe//Reader C Barker//Offertory M McGaffin
Sun 12th Feb S/Minister Helen Potter// Reader J Van Diesen// Offertory Habben Family
Sun 19th Feb S/Minister J Van Diesen//Reader Michelle Howard//Offertory Pascual Family
Sun 26th Feb S/Minister Mary Rita Thomas// Reader Di O'Donnell// Offertory Heenan Family

Ararat C.W.L.

Meeting Tuesday 14th February 2023, in the Parish Centre 1.30pm, All Welcome

Sad Day Thursday

Cardinal George Pell is being buried today. There's all kinds of a fuss in Sydney. I don't understand why on earth they've taken down the ribbons that seem such a comfort to the people we broke. I've been speaking to my friends for a day or three and there seems to be quite a pall of sadness in Ballarat. My friends are looking out for each other, sending messages of mutual sadness and support. I heard one on the radio. Others went to tie some ribbons. Others put things on social media. One of my school friends is Andrew Collins who was among the nine who travelled with Ballarat's then Deputy Mayor Belinda Coates to Rome. Andrew told me the story of the group meeting with George who was very dismissive until one of the survivors moved forward and gave George a hug. Andrew says, "after that he melted and was just another boy from Ballarat." From there they had a much better discussion, a meeting of shared experiences. This week that "boy from Ballarat" comment has been playing on my mind. I, too, am just a boy from Ballarat and I'm very conscious of my friends who were raped. I'm conscious of my friends who died because of it. I'm sad for them today. When I think of growing up in Ballarat I think of the biting cold and the incessant rain running into the bluestone gutters. I think of football training and one wag who pumped up a footy as hard as concrete. Whoever had to handball that brick nearly broke their fingers, but we laughed about it. I think of the Eureka Flag flying near McDonalds. Today I put up my Eureka flag. Just a boy from Ballarat who is very sad for my friends today. Go gently everyone. **Fr Andrew**

I like these comments on social media:

Just thinking about every single victim/survivor of institutional child sexual abuse for tomorrow, every single person for whom days like this make them feel like a hurt little kid who just wanted to be believed again. And sending them strength and love. [Journalist Louise Milligan]

I'm going to tie ribbons on the fence for the people who are too sick to be there, who have died and can't be there, and for families who are too angry to be there. I'd like to tie ribbons for them. [Survivor Paul Auchettl]

Uniting Church Ararat - Pancake Day

The Rev Nathaniel Atem would like to invite you to enjoy Pancake Day at Ararat Uniting Church Barkly Street, on Tuesday 21 February from 10 to 12noon. Enjoy as many pancakes and cups of tea and coffee as you like. Entry \$10. All money raised will be donated to Uniting which provides for people in need.

Word of God Sunday – THIS SUNDAY

The Church in Australia celebrates the Sunday of the Word of God on the first Sunday in February – February 5 in 2023. Pope Francis established the day, which is devoted to “the celebration, study and dissemination” of the Word of God. Visit www.catholic.org.au/wordofgodssunday to access resources to help commemorate the day and for suggestions on how to better engage with Sacred Scripture in various ways and settings.

Project Compassion Sunday: February 19, 2023

Bishop Paul Bird CSsR will launch Project Compassion on Sunday, February 19, 2023 during 5.00pm Mass at St Patrick's Cathedral, Ballarat. Parishes of the dioceses are invited to do the same and may wish to commission their Caritas Ambassadors / Representatives who manage Project Compassion for their parish or school communities.

Round Table Ecological Theology Sessions

The recent Plenary Council committed the Catholic Church in Australia to developing and committing to a culture of life-long faith formation. For some years now, Fr Barry Ryan and Sr Veronica Lawson rsm have been offering regular adult theology classes. A new series of six sessions begins on Wednesday, February 22 (1.00pm – 3.00pm or 7.00pm – 9.00pm) at the Mercy Centre, 16 Gent Street, Ballarat East. Then (March 22, April 26, May 24, June 28, July 26). For more information please send your mobile number and email to Sr Veronica at veronica.lawson@mercy.org.au

Our Lady Help of Christians Church, Patchewollock Final Mass

An invitation to people of the diocese to attend the Final Mass at Our Lady Help of Christians Church, Patchewollock on Saturday, March 18, 2023. Bishop Paul Bird CSsR and Fr Anthony Nagothu, Parish Priest, will celebrate Mass at 3.00pm. Following Mass there will be a gathering at the Patchewollock Community Centre. Please bring food to share and drinks of your choice. Flyer is on the Ouyen Parish webpage

World Youth Day

World Youth Day will be held from 1-6 August, 2023 in Lisbon, Portugal. Anyone interested in attending can register with the Archdiocese of Melbourne to join with them in pilgrimages they have on offer. More information at <https://www.ballarat.catholic.org.au/services-agencies-2/pastoral/youth-and-young-adult-ministry/world-youth-day/>

Lectionary Art and Reflection by Jenny Close

In nature, light gives colour, radiance and life. Jesus calls his disciples 'the light of the world'. As his followers, it is also our role to enlighten the world – to inspire it with passion, joy and a sense of hope.



REFLECTION FOR YOUNG PEOPLE – by Lisa-Marie Calderone-Stewart

Salt is a preservative and a flavour agent for food. Salt used to be rare and difficult to mine, but it is found in almost every kitchen today.

Why does Jesus compare us to salt?

Who is an adult that is like salt to the world – someone who makes life more flavourful? How have you learned from this adult?

Because salt is a key ingredient in the many instant, canned and prepared foods they consume, most Australians eat too much salt, and many are at risk of high blood pressure.

Do you know what your blood pressure is? When did you last have it checked?

What are your favourite foods? Are you aware of how much sodium (salt) they contain?

Do you put salt on food before you even taste it?

When it comes to salt, it is possible to have too much of a good thing. If we are like salt, what might be the 'good things' we have too much of?

Light is essential in order for us to see. When the sun goes down, we generally rely on electricity to light up our life.

What is the longest your home has ever gone without electricity? How did you cope?

Besides electric lights, what things would you have to do without if your home lost electric power for a week?

Why does Jesus compare us to light?

Who has been light for you – who has helped bring you out of the darkness? How have you learned from this person? How did that learning take place?