

OUR COMMUNITY NEWS

Parish Safeguarding Officer: Sandy Watkins: 0409 492 508 Fr Marcello Colasante: 0416 194 825
Contact: St Columbas Ballarat North: 5331 1012 Email: ballaratnorth@ballarat.catholic.org.au

Special Parish Events (Baptisms, Weddings, Funerals) Phone: Bernadette Franc 0427678830

Parish Support - *If you need help with anything, please phone one of our members:*
Gail Hall: 0412 311 586 Bernadette Franc: 0427 678 830

19TH SUNDAY – 11TH AUGUST 2024 SUNDAY IN ORDINARY TIME - B

DEATHS: Rex Crick

ANNIVERSARIES:

Fr Frank Smith, Mavis Vinecombe, Bob Crocker,
Charlie Lock, Gary Robinson, Peter Spicer,

PRAY FOR THE SICK:

Dennis Davies (Genevieve's brother), Pat Byrne,
Blake Dridan, Shelagh Mulcahy,
Fr Adrian McInerney, Graeme Trethowan,
Mia Hanrahan, Colleen Hains,
and all those in need of prayer.

ROSTER:

Introduction & Reading

Today: John Jess

18th Aug: Sue Mahony

Prayers of the Faithful

Today: Clarrie Johnston

18th Aug: Maureen Schirmer

Assembly Leaders

Today: Angela Gerrard & Carita Clancy

1st September: Sue Mahony & Carita Clancy

Special Minister

Today: Gail Hall

18th Aug: Therese Jess

Music

Sue Mahony

Church Cleaning, Linen, Flowers

4th & 11th Aug: Colleen Briody

18th & 25th: August: Bernadette Franc & Therese Jess

Church Grounds

4th & 11th Aug: Gerard Briody

18th & 25th August; ill Franc

Newsletter

Month: August - Carmel Milenkovic 0407 320 759

MASS TIMES

18th Aug: **LLA10.00am** 20th Sunday in Ordinary Time

Diocesan e-News see the below link:

<https://www.ballarat.catholic.org.au/news-events/e-news>

ST VINCENT DE PAUL SOCIETY

WINTER APPEAL

The theme of the appeal 2024 is "Working Homeless"

To donate online, go to www.vinnies.org.au

or call 131812.

Our Diocesan Community – Issue 2 2024

The second edition of ODC 2024 is available for collection from the diocesan offices in Ballarat. Please

encourage parishioners to take copies to the homebound, nursing homes, hospitals, etc., to spread the good news of the diocese. This edition is also available to view online <https://www.ballarat.catholic.org.au/wp-content/uploads/2024/07/ODC-July-2024-1.pdf>

[ACU Big Sing for a Big Cause - August 25, 2024](#)

The Australian Catholic University, in partnership with St Patrick's Cathedral (Melbourne) and St Patrick's College (Ballarat) is hosting "Big Sing for a Big Cause", which will see singers, choirs and instrumentalists combine for a special performance, raising funds for those affected by homelessness. The concerts will be in Ballarat and Melbourne, performing Street Requiem, a piece co-composed by Dr Kathleen McGuire, a renowned composer and ACU senior lecturer in Music Education. Donations will be raised for Peplow House (a ministry of CatholicCare Victoria) and ACU's Urgent Financial Hardship Grant. For more information go to <https://www.ballarat.catholic.org.au/acus-big-sing-for-a-big-cause/>

On the 19th Sunday in Ordinary Time Year B, we reflect on God's support, the need to avoid negative behaviors, and the significance of Jesus as the bread of life. The readings remind us of God's care, our call to live with kindness, and the importance of faith in Jesus.

- **God's Sustenance:** Elijah was exhausted and wanted to die. An angel gave him food and water, showing God's care and support.
- **Avoiding Sinful Behavior:** Paul tells us to avoid actions that grieve the Holy Spirit. Instead, we should be kind and forgiving.
- **Following Jesus' Example:** Paul encourages us to live like Jesus. We should love and forgive as He did.
- **Faith in Jesus:** Jesus declares He is the living bread. Believing in Him brings eternal life.
- **God's Invitation:** Jesus says no one comes to Him unless drawn by the Father. This shows God's active role in our faith journey.
- **Nourishment for the Journey:** Elijah's journey to Horeb needed God's help. This reminds us that God provides what we need for our spiritual journey.

These themes help us understand God's care and our call to live faithfully. They remind us of the importance of love, kindness, and belief in Jesus.

son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other.

'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day.

It is written in the prophets:

They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me.

Not that anybody has seen the Father, except the one who comes from God: he has seen the Father.

I tell you most solemnly, everybody who believes has eternal life. I am the bread of life.

Your fathers ate the manna in the desert and they are dead;

but this is the bread that comes down from heaven,

so that a man may eat it and not die.

I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

■ The Gospel of the Lord.



A SERVICE OF THE SOCIETY OF ST PAUL

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Breaking Open the Word



THE SAVING WORD

NINETEENTH SUNDAY IN ORDINARY TIME / B

11 AUGUST 2024

THE LIVING BREAD

Today we continue the focus on the Bread from Heaven. In the first reading we see Elijah in the wilderness fleeing from Jezebel. He just wants to lay down and die but an angel of the Lord touches him twice repeating 'Get up and eat.' All there was to eat was a round flat loaf and water too, but it was enough for the 40 day/night journey to Horeb, the mountain of God. God provided food for the journey as previously in the desert with Moses.

In the continuation of the Bread of Heaven discourse in John's Gospel, we find the Judeans are complaining about Jesus' claim to be 'the bread that came down from heaven.' They are grumbling and complaining like the Israelites in the desert. Jesus responds recalling the scriptures (Isaiah 54:13) that it is God who teaches them. The 'Amen, Amen' saying, translated as 'I tell you most solemnly,' emphasises the truth and faithfulness of this saying. In John's Gospel the double Amen appears 25 times, always uttered by Jesus. In this important statement there is to be no doubt that Jesus is the 'bread of life.' He is the bread that comes down from heaven, the 'living bread.' The final sentence indicates not only that eating this bread means eternal life but that the bread that Jesus gives for the life of the world is his flesh. We readily understand this as his crucifixion. Beyond this the Judeans will complain further. As we hear these words let us contemplate the gift that Jesus gave us.

Dr Rosemary Canavan

FIRST READING

1 Kings 19: 4-8

A reading from the first book of Kings.

Strengthened by the food, he walked to the mountain of the Lord.

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord', he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

■ The word of the Lord.

RESPONSORIAL PS

Ps 33: 2-9. R. v. 9

R. Taste and see the goodness of the Lord.

1. I will bless the Lord at all times, / his praise always on my lips; / in the Lord my soul shall make its boast. / The humble shall hear and be glad. **R.**
2. Glorify the Lord with me. / Together let us praise his name. / I sought the Lord and he answered me; / from all my terrors he set me free. **R.**
3. Look towards him and be radiant; / let your faces not be abashed. / This poor man called; the Lord heard him / and rescued him from all his distress. **R.**
4. The angel of the Lord is encamped / around those who revere him, to rescue them. / Taste and see that the Lord is good. / He is happy who seeks refuge in him. **R.**



SECOND READING

Eph 4: 30-5: 2

A reading from the letter of St Paul to the Ephesians.

Walk in love, just as Christ.

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

■ The word of the Lord.

GOSPEL ACCLAMATION

Jn 6: 51

Alleluia, alleluia!

I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!

GOSPEL

Jn 6: 41-51

A reading from the holy Gospel according to John.

I am the living bread come down from heaven.

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus